

Upstream

BEGINNER A1+



Student's Book

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Express Publishing

Contents

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Vocabulary

Reading

Module 1

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colours; classroom objects;
international English words

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- famous people all over the world

countries & nationalities

- e-mails
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- Curricular Cuts: *Around the UK! (Geography)*

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- camps

family-related words;
appearance; character adjectives;
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- travelling
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Module 2

Module 3

Module 4

Module 5

Grammar

Listening

Speaking

Writing

to be; a/an; this/that		spelling names; exchanging phone numbers; classroom language	
to be; question words	<ul style="list-style-type: none"> - completing a registration form - identifying the language heard on tape - completing short exchanges on introductions & greetings 	talking about countries and nationalities; introductions & greetings	<ul style="list-style-type: none"> - a pen-pal letter <i>Portfolio: a registration form; a factfile for a country; a map of your country</i>
have got; can; possessive case/pronouns/adjectives	<ul style="list-style-type: none"> - introducing one's family - deciding on what presents to buy for a host family 	describing physical appearance; talking about character; talking about abilities; asking for and offering help	<ul style="list-style-type: none"> - a postcard <i>Portfolio: a family tree; an entry to a host family magazine; a famous family from your country</i>
present simple; like/love + -ing; prepositions of time; adverbs of frequency	<ul style="list-style-type: none"> - a song - identifying time 	talking about daily routines; expressing preferences; talking about school subjects; telling the time; talking about jobs	<ul style="list-style-type: none"> - a job ad <i>Portfolio: a song for a competition; a paragraph about your daily routine</i>
there is/are; plurals; prepositions of place; imperative	<ul style="list-style-type: none"> - completing information about Windsor Castle - matching people to houses 	talking about houses; talking about location; giving directions	<ul style="list-style-type: none"> - a fax message <i>Portfolio: a paragraph about your house; a home exchange listing</i>
countable/uncountable nouns; some/any; much/many/a lot of	<ul style="list-style-type: none"> - finding what people are ordering - choosing the correct picture 	talking about food preferences; ordering food; giving advice; preparing food; talking about food quantities	<ul style="list-style-type: none"> - a recipe - a star sign menu <i>Portfolio: a shopping list</i>
present continuous; comparisons	<ul style="list-style-type: none"> - a song - matching people to places in New York 	talking about weather & seasons; talking about how the weather makes us feel; describing actions happening now; buying clothes; comparing clothes	<ul style="list-style-type: none"> - a letter while on holiday <i>Portfolio: a postcard; a poster with family activities; an article about your town/city</i>
ordinals; past simple (regular verbs); prepositions of time; used to	<ul style="list-style-type: none"> - sorting information about a famous person 	talking about dates of birth; talking about the Cheyenne's way of life; talking about past habits & activities	<ul style="list-style-type: none"> - a biography <i>Portfolio: a factfile about a famous person; an entry for a website about what you used to do as a child</i>
had, could; past simple (irregular verbs)	<ul style="list-style-type: none"> - completing information about a Museum of Natural History/animal stars 	describing animals; narrating events; showing surprise	<ul style="list-style-type: none"> - a story <i>Portfolio: a paragraph about an extinct animal; a paragraph about an animal star, a 'For Sale' poster for Black Beauty</i>
simple future; be going to; present continuous for future arrangements	<ul style="list-style-type: none"> - completing information about an organisation 	making predictions about life in the future; talking about plans and intentions	<ul style="list-style-type: none"> - an e-mail <i>Portfolio: ads; a paragraph about an organisation; a short description of a stadium</i>
must/mustn't, can, should/shouldn't; present perfect; superlatives	<ul style="list-style-type: none"> - a song - matching people to countries 	talking about travelling; talking about personal experiences and personal changes; paying/accepting compliments in English	<ul style="list-style-type: none"> - a letter giving news <i>Portfolio: a short paragraph giving information about your country; an article about your travel experiences</i>

▶ Alphabet

- 1 Listen and repeat.
- 2 Talk with your friend.

A: *What's your name?*
 B: *Mario.*
 A: *How do you spell it?*
 B: *M-A-R-I-O.*

Aa Bb Cc Dd Ee Ff
 Gg Hh Ii Jj Kk
 Ll Mm Nn Oo Pp Qq
 Rr Ss Tt Uu Vv Ww
 Xx Yy Zz

▶ Numbers

- 3 a. Read and write the numbers. Then, listen and repeat.



- b. Make a telephone list with your classmates' phone numbers.

Name	Telephone
.....
.....

A: *Hello, what's your name?*
 B: *Alex. That's A-L-E-X.*
 A: *And your last name?*
 B: *Cotton.*
 A: *Cotton? How do you spell it?*
 B: *C-O-Double T-O-N.*
 A: *What's your phone number?*
 B: *409295*
 A: *Thanks.*

- 4 Listen and repeat.

10 ten	16 sixteen
11 eleven	17 seventeen
12 twelve	18 eighteen
13 thirteen	19 nineteen
14 fourteen	20 twenty
15 fifteen	

- 5 Read and match.

21	a hundred
22	ninety-nine
33	eighty-eight
44	fifty-five
55	seventy-seven
66	sixty-six
77	forty-four
88	twenty-one
99	thirty-three
100	twenty-two

- 6 Listen and circle.

forty – fourteen	fifty – fifteen
ninety – nineteen	seventy – seventeen

Colours

► Colours

7 a. Look, read and match.

blue orange
red grey
brown white pink yellow
black
purple green



b. Talk with your friend.

A: *What's your favourite colour?*

B: *Blue. What about you?*

c. Put the colours in alphabetical order.

black, blue, ...

► This/That - A/An

This is a sharpener.

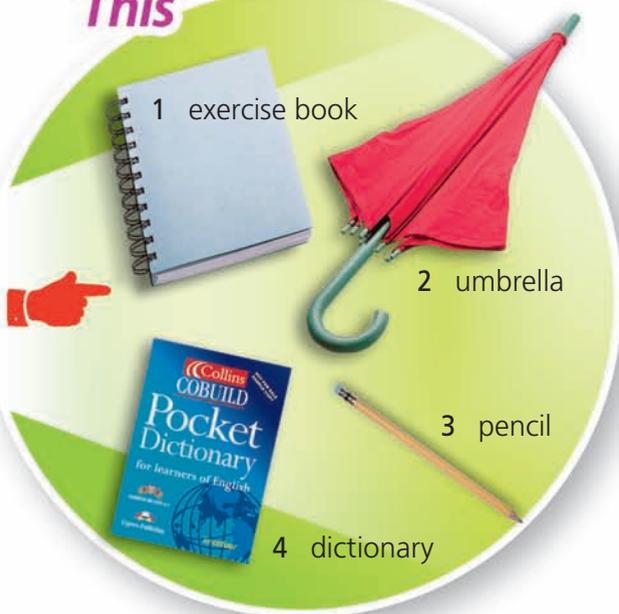


That is an envelope.



8 Look, ask and answer.

This



1 exercise book
2 umbrella
3 pencil
4 dictionary

That



5 apple
6 pen
7 board
8 eraser
9 bag

1 A: *What's this?*

B: *It's an exercise book.*

► **You know more English than you think!**

9 Match the pictures to the words.



- sandwich 5
- coffee
- cassette
- pizza
- popcorn
- computer
- video camera
- taxi
- radio
- telephone

► **Useful Language**

10 Listen and complete.

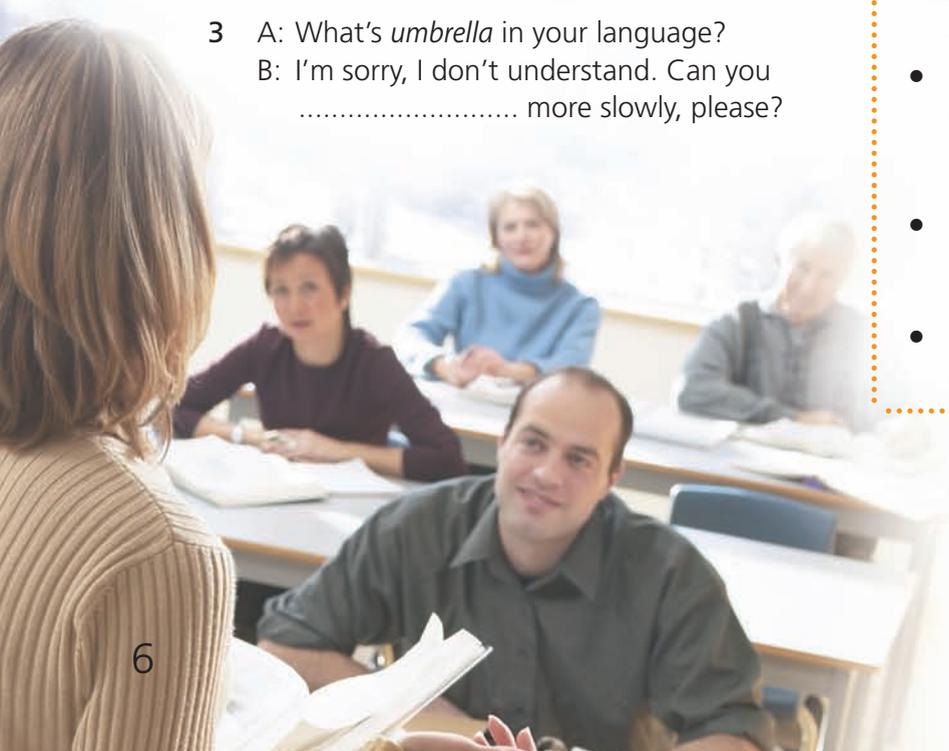
- know • speak • repeat

- 1 A: What's *this* in English?
B: I'm sorry, I don't
- 2 A: What does *favourite* mean?
B: Can you that, please?
- 3 A: What's *umbrella* in your language?
B: I'm sorry, I don't understand. Can you more slowly, please?

Study skills

How to become a better learner

- Try to learn 10 words a day – use the new words both inside and outside the classroom.
- Refer to a dictionary or to the Word List at the back of your book for the new words.
- Try to speak to your teacher and classmates in English. The more you practise English, the better you will become.
- Listen to English songs and watch English programmes. You will begin to understand more and more each day.
- Use a weekly chart so that you can always plan ahead.



Family & Friends

Module 1 (Units 1 & 2)

► Before you start

- How do you spell your name?
- Can you say four colours in English?

► Look at Module 1

- Find the page numbers for pictures 1-4.

► Find the unit and page number(s) for

- a map of the world
- a website
- a TV guide
- a magazine article
- adverts

In this Module you will ...

► listen, read and talk about ...

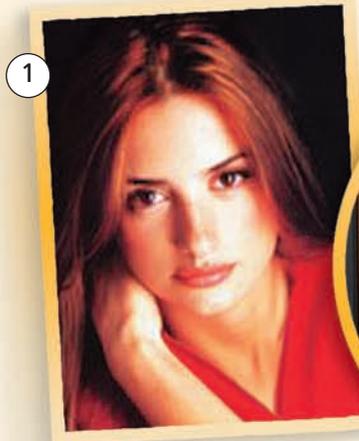
- making friends on the Internet
- famous people and places
- Italy
- TV programmes
- host families
- buying presents for a host family
- camps for families

► learn how to ...

- give geographical information (countries/capital cities/nationalities)
- ask for/give personal information
- introduce yourself and greet others
- identify and describe family members
- talk about personal possessions
- talk about abilities
- ask for and offer help

► practise ...

- the verb 'to be'
- possessives
- question words
- the verb 'have got'
- the verb 'can'

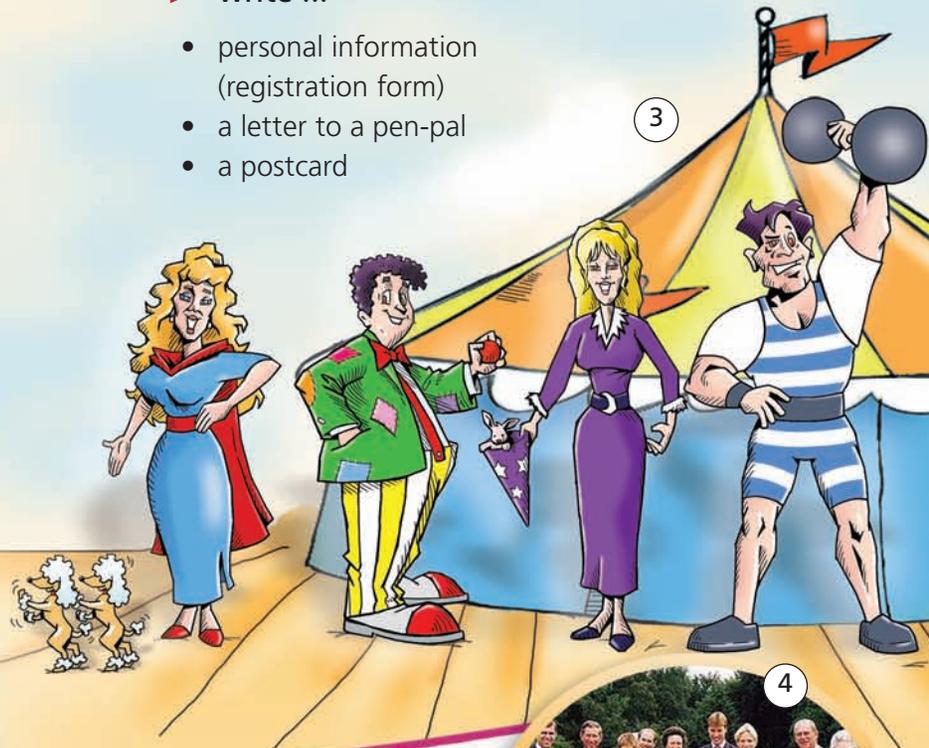


► do a project about ...

- another country
- your country
- your family
- a famous family in your country

► write ...

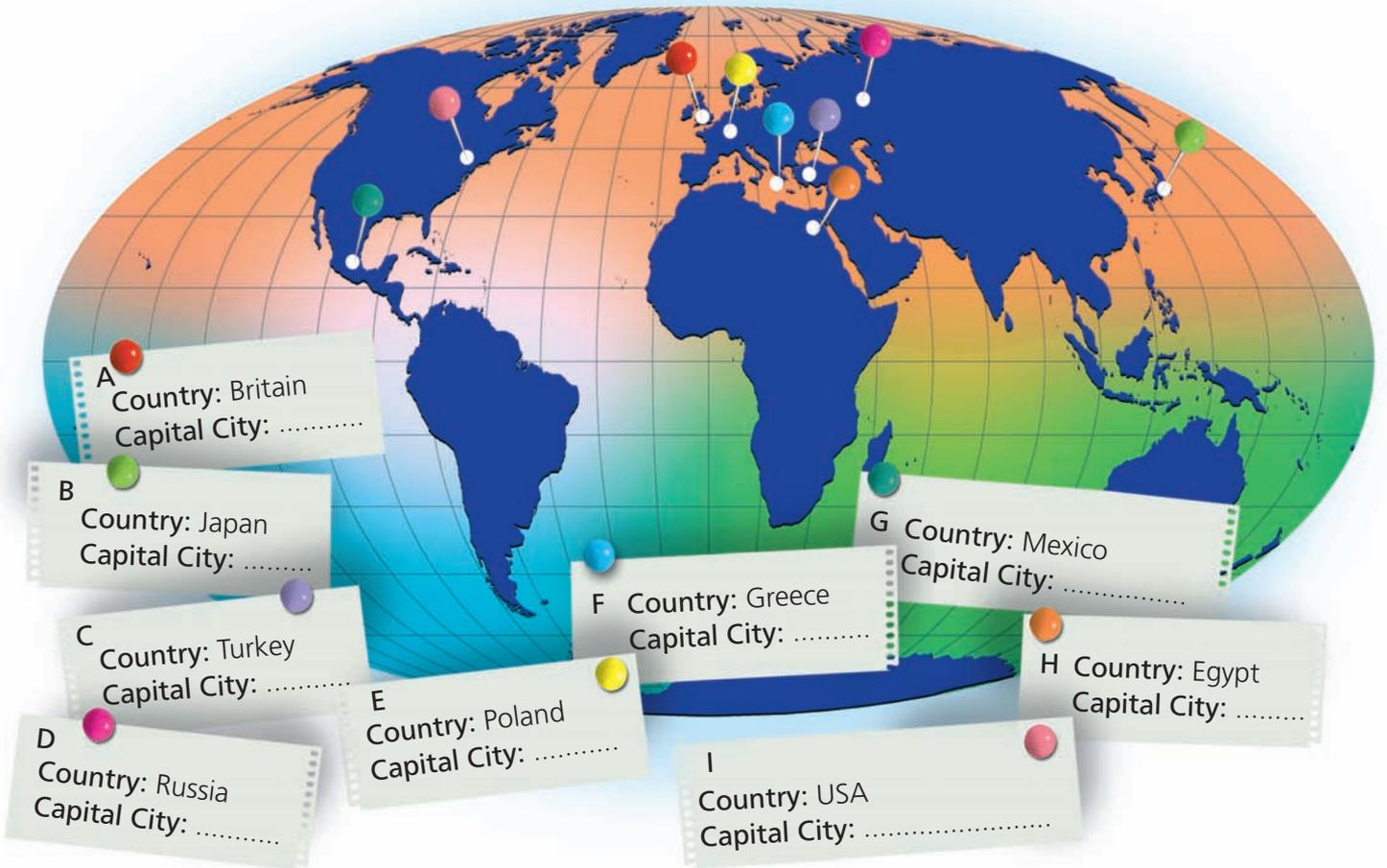
- personal information (registration form)
- a letter to a pen-pal
- a postcard



Curricular Cuts (Geography): Around the UK!

Culture Clip: The British Royal Family

Across the Curriculum 1: Who do you take after?
Songsheet 1: Dreamland



Study skills

Remembering new words

You can remember new words more easily by connecting them with music, sounds, colours, food, landmarks, etc.

Vocabulary

Countries

- 1 Listen and match the music extracts to the countries.

Extract 1	Extract 2	Extract 3	Extract 4
Egypt	Japan	Mexico	Russia

- 2 a. How's your Geography? Complete the map with the capital cities. Use: *Ankara, Athens, Cairo, London, Mexico City, Moscow, Tokyo, Warsaw, Washington D.C.*

b. Now, talk with your partner.

A: *Where's Ankara?* B: *In Turkey.*

- 3 Can you find your country on the map? What's the name of your country in English? Look it up in your dictionary.

Listening

- 4 Listen and complete the form. Then, ask and answer about Hector.

- What's his name?
- How old is he?
- Where is he from?
- Where exactly?

Reading

- 5 a. Look at the title and the texts. Is this a magazine article or a website? What information do you expect to read?
- b. Read the texts and write *T* for true or *F* for false.
- | | |
|------------------------------------|-----------------------------|
| 1 Olga is English. | 3 Leo is Kim's friend. |
| 2 Kim and Leo are from Japan. | 4 Hector is seven. |

e-Friends

Hi! My name's Olga and I'm from Russia. I'm 21 years old and my favourite singer is Robbie Williams. I hope to make friends with you. Contact me (in English) at Olga_mm@e-friends.com

This is a picture of me (Kim) and my best friend Leo. We are 23. We are from Japan. Our favourite singer is Celine Dion. Want to be our e-friend? Drop us an e-mail if you like at kile@e-friends.com

I'm Hector Mercado and I'm almost 17 years old. I'm from Mexico City, Mexico. My favourite singer is Britney Spears. I would like to write to e-friends from all over the world. Please write to me. My e-mail is hectormex@e-friends.com

- 6 Listen and read. Then, fill in the table for each person.

Name	Age	Country	Favourite singer
Olga	21	Russia
Kim & Leo
Hector

Speaking

- 7 Use the table in Ex. 6 to talk about each person.
- Olga is 21 years old. She's from Russia. Her ...*

Writing

- 8 **Portfolio:** Would you like an e-friend? Make a registration form and write about yourself.

1b

The world over



Who is Who?

We all know who they are - but do we know where they are from?



• Arnold Schwarzenegger
• Austria



• Claudia Schiffer
• Germany



• Ronaldo
• Brazil



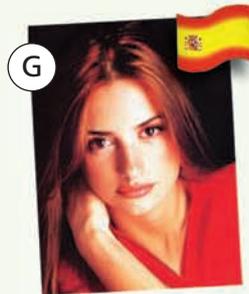
• Monica Bellucci
• Italy



• Sandra Bullock
• USA



• Gerard Depardieu
• France



• Penelope Cruz
• Spain



• Jackie Chan
• China

b. Where do they speak the languages in Ex. 2a? Say.

They speak German in Germany and Austria.

Vocabulary

► Countries/Nationalities/Languages

1 a. Read and match.

- | | | |
|------------------------|---|------------------------|
| 1 He's French. | F | 5 She's Spanish. |
| 2 She's German. | | 6 She's Italian. |
| 3 He's Austrian. | | 7 He's Brazilian. |
| 4 She's American. | | 8 He's Chinese. |

b. Ask and answer questions.

A: *What nationality is Arnold Schwarzenegger?*
B: *He's Austrian. He's from Austria.*

Listening

2 a. What language do they speak? Listen and underline.

Speaker 1: Turkish – Spanish
Speaker 2: Italian – Russian
Speaker 3: French – Chinese
Speaker 4: Japanese – German

3 A lot of English words come from all over the world. Can you guess where they're from? Read and choose.



Mosquito is a word.

- A Spanish B French

Ketchup is a word.

- A German B Chinese



Robot is a word.

- A Russian B Czech

Piano is a(n) word.

- A Italian B Japanese



Zebra is a word.

- A Turkish B Portuguese

Grammar

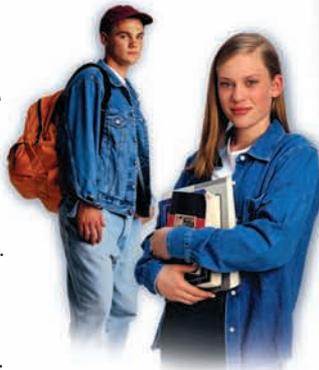
► **The verb 'to be' (Affirmative)** 
Grammar Reference

4 a. Study the table.

I am (I'm) from Germany.
 You are (You're) English.
 He/She/It is (He's/She's/It's) Italian.
 We/You/They are
 (We're/You're/They're) } from Egypt.

b. Read and fill in.

This 1) a picture of my e-friends, John and Carol. They 2) English. They 3) from London. London 4) the capital city of England. Carol 5) sixteen. John and I 6) the same age. We 7) both eighteen.



► **Question Words** 
Grammar Reference

5 Read and underline.

- 1 How/What is your last name?
- 2 Who/What is your address?
- 3 Where/How are you from?
- 4 Who/What is your favourite actor?
- 5 How/What is your mother's/father's name?
- 6 How/Where do you spell it?

Speaking

6 **Portfolio:** In pairs, take it in turns to interview one another. Use the questions in Ex. 5 and your own ideas. Record your interviews.

GAME

Find the questions for the other team's answers.

Team A S1: I'm from the USA.
 Team B S1: Where are you from?
 Teacher: Good. One point for Team B.

Reading

7 Read and complete the factfile.

Italy

This is a map of Italy. There are about 58 million people in Italy. They speak Italian there.

One of the most famous landmarks in Italy is the Coliseum. It's in Rome, the capital of Italy.

Other things to see in Italy are: the Trevi Fountain, The Leaning Tower of Pisa and St Mark's Square.

FACTFILE

Country:	Capital City:
Population:	Famous Landmarks:
Language:	Other things to see:

 **Writing** (a factfile)

8 **Portfolio:** Make a factfile for another country and write about it.

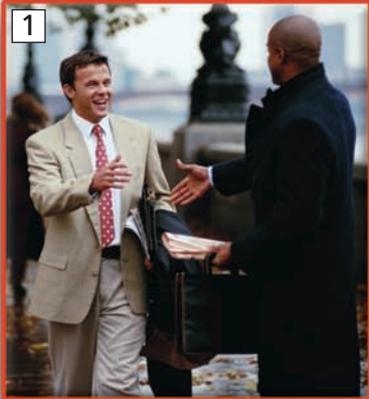
1c

Pleased to meet you!

Listening & Reading

▶ Introductions & Greetings

- 1  You are going to hear four short dialogues with people introducing or greeting each other. Which four of these sentences do the people say? Guess. Then, listen and check your answers.



1

A: Hi, Mike. How are things?
 B: Not bad. How are you?
 A:

A:
 B: Hi! My name's Matthew Skinner, but please call me Matt.
 A: Nice to meet you, Matt.



2

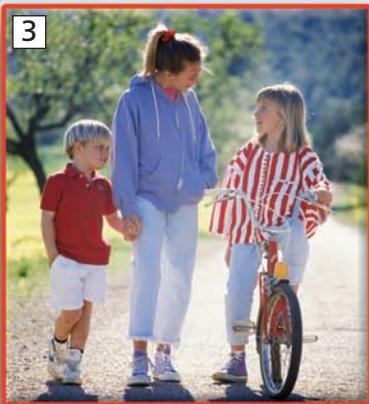
- 2 Read the dialogues and match them to the headings.

- a Introducing someone
- b Saying 'Goodbye'
- c Introducing oneself
- d Saying 'Hello'

Everyday English

- 3 Introduce or greet one another. Use the dialogues in Ex. 1 as examples.

- 1 introduce yourself to your partner
- 2 introduce your partner to your teacher
- 3 greet your partner
- 4 say goodbye to your partner



3

A: Mum, this is Hilary. She's from the USA. Hilary, this is my mum.
 B:
 C: Nice to meet you too, Hilary.

A: Goodbye, Mummy. See you later!
 B: Bye-bye, Amy.



4

- 4  Listen and repeat.

- Italy • Italian • Brazil

- b. Read and underline the stressed syllable.

- Canada • Poland
- Austria • American
- Mexico • Canadian
- Brazilian • Chinese
- Russia • Japan

- Pretty good, thanks.
- How do you spell your name?
- Hello, I'm Jim Brown.
- Where are you from?
- Pleased to meet you, Mrs Mills.
- Have a nice day!

Exploring Grammar

► **The verb 'to be' (Negative/ Interrogative/Short Answers)**  Grammar Reference

5 a. Fill in the table.

Negative	
I not (I'm not) Russian.	
You not (You aren't) from Spain.	
He/She/It not (He/She/It isn't) German.	
We/You/They are not (We/You/They aren't) from Poland.	
Interrogative	Short Answers
Are you Japanese?	Yes, I am./No, I'm not .
..... he/she/it from China?	Yes, he/she/it is ./ No, he/she/it isn't .
Are they Polish?	Yes, they are ./ No, they aren't .

b. Fill in: *isn't, aren't, am not*.

- Tony from Brazil. He's from England.
- They British. They are Japanese.
- I John. I'm Stuart.
- He a singer. He's an actor.
- It a boy. It's a girl.

6 Put the words in the correct order to form questions. Then, answer them.

- you/from/are/Spain?
.....
- your/bag/is/black?
.....
- Ricky Martin/favourite/is/your/singer?
.....
- your/Italy/from/teacher/is?
.....
- your/German/are/friends?
.....



Speaking

- 7 a. You are a tour guide for City Tours. Find out where the tourists are from.
Student A: Ask student B questions to fill in your table.
Student B: Ask student A questions to fill in your table.


Student A

TOURISTS	COUNTRY
Karl Schnyder	Germany
Monica Valente	
Jerry and Christine Wheeler	Australia
Diego Tavares	Mexico
Klara Vogel	
Gloria and Frank Benson	

Student B



COUNTRY	TOURISTS
USA	Gloria and Frank Benson
Austria	Klara Vogel
	Diego Tavares
	Jerry and Christine Wheeler
Spain	Monica Valente
	Karl Schnyder

SB: *Where's Karl Schnyder from?*
 SA: *He's from ...*

b. Now, put the tourists on the correct London tour bus, according to the language they speak.

1d

Tell me everything!

Writing (a letter to a new pen-pal)

▶ Capitalisation



~~I~~ am ~~K~~elly. → I am Kelly. ~~p~~aris is the capital city of ~~f~~rance. → Paris is the capital city of France.

1 Read and correct.

Dear Eva, ^M

1 Hi! ~~m~~y name's Stuart. I'm 17 years old and i'm from liverpool. It's a city in the north of england.

2 This is a picture of me and my best friend sue. She's american. We're in Year 10 at school. My favourite singers are Christina Aguilera and Beyoncé. They're great! I love football, too. My favourite team is Liverpool.

3 What about you? Please write soon and tell me everything!

Love,
Stuart



2 Read the letter again and complete. Use: favourite things, age, country.

Paragraph 1: name,, city,

Paragraph 2: best friend, year at school,

A letter to a new pen-pal

Paragraph 3: ask pen-pal to write back soon

Study skills

Brainstorming

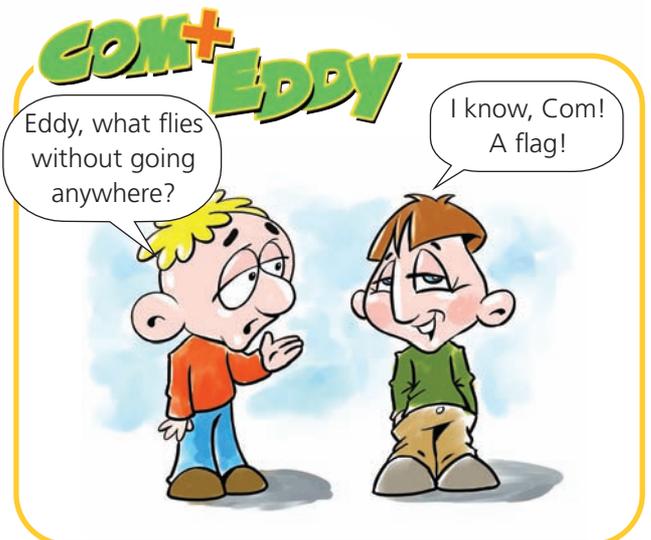
Before you start writing your composition, think about the topic and write down anything that comes to mind about it. After that, you can decide what to include.

4 Portfolio: Write a letter to a new pen-pal. Use the plan from Ex. 2 and some of your ideas from Ex. 3 to help you.

Discuss & Write

3 What about you? Ask and answer.

- 1 How old are you?
- 2 Where exactly are you from?
- 3 What's your best friend's name?
- 4 What year are you in at school?
- 5 What are some of your favourite things? (singer/football team/colour/etc)



Listening & Reading

1 a. Look at the compass and fill in: *south-east, south-west, north-west, north-east.*

b. Read and listen to the texts and complete the missing words.

Speaking

2 Look at the map and ask and answer.

A: *Where's Cardiff?*

B: *It's in Wales.*

A: *Where exactly?*

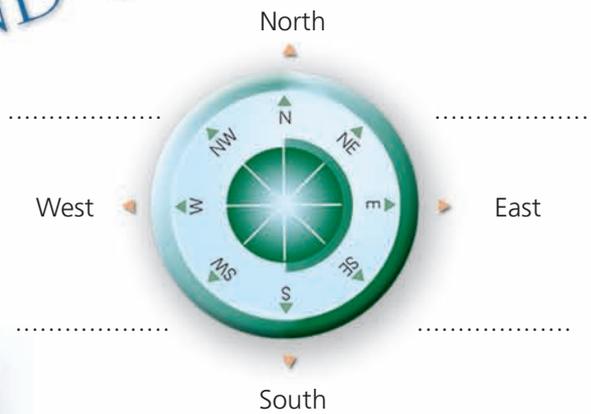
B: *In the south.*

Writing

3 **Portfolio:** Draw a map of your country with towns and cities. Then, present it to your class.

This is The capital is It's in the

AROUND THE UK!



Scotland is in the 1)
Its capital city is Edinburgh.

This is England and its capital city is London. England is in the 2)

This is Northern Ireland. Northern Ireland is in the 3)
Its capital city is Belfast.

This is Wales. Wales is in the 4)
The capital city of Wales is Cardiff.

